

Review of the Planned Parenthood web site

Plannedparenthood.org is a website geared to any person wanting to take an active role in maintaining a healthy sexual life. A couple of Planned Parenthood's goals are, "to provide comprehensive reproductive and complementary health care services in settings which preserve and protect the essential privacy and rights of each individual [and] to provide educational programs which enhance understanding of individual and societal implications of human sexuality." These two main goals are very helpful for emerging adults who are in the critical stage in which they are becoming self-sufficient. Therefore, it is important for emerging adults to take action in their own lives in order to promote their health and well-being as they branch away from being under the protection and care of their parents.

Although emerging adults are in the process of becoming self-sufficient, it has also been found that emerging adults are risk-takers. The risk of pregnancy is high and that is why organizations such as Planned Parenthood are so helpful in the lives of emerging adults. The privacy of this organization is a key aspect which may help emerging adults to feel more comfortable with taking an active role in their lives regarding the very personal subject of sexuality.

Through the website, visitors will be able to find the nearest health center in their area by simply entering their zip code. Once at the website in their area, the viewer will be able to find out the medical services that are offered at Planned Parenthood. Some of the services offered include birth control, pregnancy testing, pregnancy options counseling, and HIV testing and counseling. These services may be helpful for emerging adults who may be engaging in risk behaviors or those who simply want to take extra precautions in their life.

In addition to finding information about the nearest Planned Parenthood, website viewers can simply use this website to gain valuable health facts. The health topics that are discussed on the website include abortion, birth control/contraception, and sexually transmitted infections. Access to these important health facts is especially critical in the lives of emerging adults.

Many emerging adults are in college. Therefore, most emerging adults will be more likely to discuss their sexuality with their peers rather than their parents or other adults. Their main source of information is then coming from other emerging adults who are engaging in the same risk behaviors and are themselves in the stage of instability. Through accessing Planned Parenthood's resources, emerging adults will be able to have a more reliable and unbiased source of information regarding their sexuality.

One can access this valuable source by logging onto the internet and following this link: <http://www.plannedparenthood.org>. From this website, one can type in his/her zip code to find the nearest Planned Parenthood center or simply use the information provided directly on the website.

-B.C.Undergraduate